# Classes begin October 21

(Class dates are: Oct 21, Oct 28, Nov 4, Nov 11, Nov 18 7pm—9:30pm

Participants only register for one class (5 weeks). Please register by email or in person (\$20) cash or e-transfer to ruthsquilthouse@gmail.com

Some classes fill
Up quickly so to
avoid
disappointment,
register early.
Registration Fee: \$20
Open to participants
16 years and older.
Babysitting is not
available.

### If you have questions or would like more information contact:

**Ruth Nicholson:** 

Call or text: 705-987-6583 ruthsquilthouse@gmail.com
OR

**Cathy Norris:** 

Call or text: 705-206-0510



Cancellations due to weather will be posted on the Bethel Bible Chapel website and Connect 4
Facebook page.





Connect for (4)
Coffee, Conversation,
Creativity & Community

www.bethelbiblechapel.com http://www.facebook.com/ connect4bethelbiblechapel/

#### Connect 4

Conversation & Community!

7pm—9:30pm October 21, 28, Nov 4, 11, 18

What is Connect 4?

Connect 4 happens on Monday evenings, and is a time of friendship and connection with women of all ages.

Enjoy a Snack, a cup of tea or coffee,

and spend the evening in a fun class. Each evening includes a short presentation about Jesus Christ and His impact on us as

women.

#### **Aerobics**

....Jen Jonusaitis
....exercise to music!
Different modification options to
make it more or less challenging.
Wear appropriate workout
clothing and running shoes.

#### Crafts...5 Over 5

... Deb Bedley

5 Nights of Crafting fun!! Each of the 5 nights you will make a different Fall or Winter themed craft to take home (luminaries, jute mats, diamond dot cards...and more

### Knitter's Circle

If you love to knit and/or crochet, join this circle. Enjoy friendship & the handwork of others while you work on your project.....knitting, crochet, embroidery, etc. If you have a project started, or want to get started...join this class.

It's a great place to share ideas, patterns, and skills!!

## games galore

#### ...with Cathy Norris

A little friendly competition will be enjoyed as we spend the evening playing various games.

Hopefully you will learn a new game or two, or just 'show off your skill with an old favourite.

### **Diamond Art**

\*\* Artistic Skill is NOT required\*\*
In this class you will choose one
Diamond Art project. Once the
project is completed, you are
welcome to work on another
Diamond Art project of your choice.
(Kit for ONE project will be supplied)

### **Demos in The Kitchen**

Learm from some of the best cooks and bakers. Five different 'chefs' (one per night) will explain and demonstrate how to create delicious meals, snac,ks and treats. You will enjoy the friendship of the group and enjoy a sample too!!